# A Rose
## This lesson will create one flower!

## Materials:

One piece of red Smart-Fab at least 25 inches long. (you can use any Smart-Fab color) ● One piece of green Smart-Fab ● One piece of apple green Smart-Fab ● One piece of dark green Smart-Fab ● Scissors and/or pinking shears ● Pen or marker ● Double-sided adhesive tape or fabric glue ● Needle and thread ● Green metal wire ● Pliers ● One bead to fit onto wire ● Rose petal pattern (**click on the link to print pattern**) ● Leaf pattern (**click on the link to print p attern**) ● Crimp tube - optional(can be found in beading supply store)

### Preparation:

**Rose**
Cut the piece of red Smart-Fab into two strips 3 ½ inches x 25 inches.

**Stem**
Cut a piece of the green metal wire approximately 14 inches long. Bend one end with the pliers. Slip a bead onto the straight end of the wire and push it up into the bent part of the wire and close wire tightly.

Cut a piece of the green Smart-Fab into a square 3 inches x 3 inches. Using scissors or pinking shears cut off corners to make a circle.

**Leaves**
Cut one piece each of dark green Smart-Fab and apple green Smart –Fab 3 inches x 8 inches. Layer the pieces on top of one another and trace the leaf pattern on top of them. Cut out the two leaves.
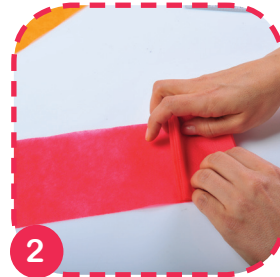
### Procedure:

**1** Measuring with a ruler, use a pen or marker to mark the two strips of red Smart-Fab at 2 ½ inch intervals.

**2** Using the marks you have just made, fold each strip of red Smart-Fab back and forth accordion style. After folding you will have two rectangles 2 ½ inches by 3 ½ inches.

**3** Place the rose petal pattern onto the top of each of the two folded rectangles along the bottom edge that measures 2 ½ inches wide. Use the pen or marker to trace the pattern onto the rectangles.

**4** Following the outline you have drawn, cut out the two rose petal strips only along their top part. Be careful not to cut down the folded sides. This will cut the strips into pieces.

**5** Unfold the two strips of rose petals.

**6** Lay the two strips of rose petals on top of one another, staggering them slightly, so that they alternate in height, like two sets of waves.

**7** Using needle and thread, attach the two overlaid strips to one another. Use "over-under" basting stitches along the entire length of the lower broad edge of the rose petal strips.

**8** As you are sewing pull the thread to create a rounded shape.

**9** Knot and cut off thread.

**10** To form the rose. Begin at one end of the strip of the sewn rose petals. Hold the strip tightly from the sewn part (bottom) of the Smart-Fab, and turn and wrap the strip around itself to form a rosebud shape.

**11** Continue to turn and wrap the strip. Using fabric glue or a small piece of double-sided adhesive tape, glue the rose together at intervals until you have wrapped the entire strip of rose petals.

**12** You now have a rose. You can turn the rose petals down to have a full blooming flower or leave them closed for a rosebud.

**13** To attach the stem to the rose you will need the prepared piece of green wire with the bead at the end. Push the wire, with the bead at the top, through the underside of the rose until the bead and some of the stem can be seen above the flower.

**14** Once the wire is in place you need to create a stopper so that the wire will not slip out of the flower. Do this at the underside of the rose by either twisting the wire with the pliers to create a knot, or use a crimp tube. After you have made the stopper push it up into the flower to secure it.

**15** To complete the stem, take the small green Smart-Fab circle you prepared and push it up the wire to the bottom of the rose.

**16** Glue the green Smart-Fab circle to the bottom of the rose.

**17** The last step is to attach the leaves to the stem. You need to first glue the two leaves together with fabric glue. Before gluing them together, stagger the leaves so that both colors can be seen. After gluing them together put a small amount of double-sided adhesive tape on the bottom of the leaves and wrap them around the stem. Use some fabric glue to secure them tightly to the stem.

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# Your Rose is complete!